

Sedation Instructions:

Before sedation appointment:

1. No food or drink for at least six hours
2. You cannot drive home, so have arrangements made with phone numbers.
3. Wear a short sleeve shirt (so we can take blood pressure readings, etc.)
4. If you are extremely nervous, speak to Dr. Blavin about a pre-appointment sedative pill.
5. Do not wear contact lenses.

After the sedation appointment:

1. You cannot drive for the remainder of that day and night.
2. Do not make any major decisions that day/night.
3. A responsible person must remain with the patient until they have fully recovered. ALWAYS hold the patients arm when they walk.
4. Usually, the patient goes home and takes a nap or watches a movie. Take it easy and stay home.
5. Forgetfulness is to be expected the day of sedation.
6. Drink as soon as able, eat when anesthesia wears off. Be careful not to bite yourself.
7. If you had fillings, they made need the bite adjusted. If the bite feels odd, call us. If you had extractions, see the post-op instructions. If you had a root canal, it is common to be sore for several days.

Thanks, and remember to call Dr. Blavin 734-953-0030 or 248-968-3090 (home) if you have any questions. If you feel you have an emergency situation (difficulty breathing, chest pain, profuse bleeding) go immediately to the Emergency room of your local hospital, or call an ambulance.